

LONG ISLAND HEALTHCARE PROFILES

A Good Gut Feeling

Through advanced technology and uniquely personalized patient care, the Long Island Center for Digestive Health helps patients get—and stay—healthy.

Colorectal cancer is the second most deadly cancer in the United States, resulting in more than 50,000 deaths each year. The American Cancer Society estimated 144,000 new cases in 2019.

But there's good news, too: Colorectal cancer is one of the most preventable forms of cancer, and the rate of new cases has declined in recent years thanks to an increase in screenings.

Traditionally, a colonoscopy—the best-known screening method—isn't high on anyone's to-do list. "But it should be," says Dr. Leonard Stein, a gastroenterologist and the Medical Director of the Long Island Center for Digestive Health (LICDH). Plainly put: Screenings save lives. "The facts are pretty straightforward," says Dr. Stein. "With timely screening, colorectal cancer is preventable. Furthermore, it is treatable and curable if diagnosed at an early stage. Colonoscopy is an effective screening test. It is recommended at

age 50—age 45 for African Americans—and often earlier if there is a family history of colon cancer or polyps."

A New Model for Healthcare

LICDH is a fully accredited facility conveniently located in Uniondale, NY. LICDH is changing the way people experience screenings. From its caring environment to its advanced technology, the center takes digestive healthcare to a new level.

The center's "Patient-First" philosophy is its guiding tenet. From the receptionist's warm hello upon check-in to the admission nurse's greeting to the anesthesiologist and gastroenterologist who are available to answer questions before each procedure, each patient is given personal and compassionate care.

Award-Winning Service

This personalized model has earned the center great recognition. In 2018, for the fifth consecutive year, LICDH received the prestigious APEX Quality Award, which recognizes commitment to excellent patient care and is based entirely on satisfaction scores from its patients.

Adjoining LICDH are the offices of Gastroenterology Associates (GA), dedicated to the diagnosis and treatment of digestive health issues. Many of the same physicians delivering care at



Gastroenterology Associates

“Patient care is at the heart of everything we do. Nothing is more important to our team than ensuring that every patient gets the attention they deserve in a safe and caring setting.”

—Dr. Leonard Stein, LICDH

LICDH are members of GA, a practice which has been managing patients with gastrointestinal disorders for more than four decades. Dr. Robert Bartolomeo, President of GA, states that what “differentiates our team of physicians and staff is our desire to deliver compassionate and personal care to our patients.” Some of the conditions Gastroenterology Associates diagnose and treat include:

- Heartburn and acid reflux
- Inflammatory Bowel Disease (IBD)
- Irritable Bowel Syndrome (IBS)
- Liver, pancreas, and gallbladder issues
- Celiac Disease and H.pylori
- Diverticulitis

With March being Colorectal Cancer Awareness Month, Dr. Stein reiterates the importance of colon cancer screenings. “Be proactive—get screened,” he emphasizes. “The earlier, the better.”

March is Colon Cancer Awareness Month; if you are 50 years old (or 45 years old and African American), and/or you have a family history of colon cancer or polyps, talk to your doctor about your screening options.

“Patient-First”

LICDH's “Patient-First” philosophy makes the patients' well-being their foremost concern. This principle creates a friendly, safe, and welcoming environment, a staff that genuinely cares, and plenty of time for each patient to express concerns and ask questions.

Every team member follows the “Patient-First” philosophy, including the physicians:

Robert S. Bartolomeo, MD
Perry C. Gould, MD
Gary J. Schwartz, MD
Leonard B. Stein, MD
Andrew B. Rosenberg, MD
Felice J. Mirsky, MD
E. Michael Sullivan, DO
Chaim Ross, MD
Jennifer K. Slane, DO

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