



# GASTROENTEROLOGY ASSOCIATES

Member of **Northwell Health Physician Partners**

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**Please follow these instructions  
and NOT the instructions on the  
box.**

## SUTAB Bowel Prep

SUTAB is a split dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

### On the day before your procedure...

- a) You **may** have clear liquids only
- b) **Do NOT** drink milk, alcohol, or any liquids colored red or purple.
- c) Take any other medications you need either **2 hours** before the SUTAB or **6 hours after**

Examples of **clear liquids** are coffee/tea (NO CREAMER), fruit juices and ices without pulp, Jell-O, water, broth, clear soda and sport drinks. Some adverse reactions after taking SUTAB are nausea, abdominal distention or pain and vomiting. Contact your doctor if you develop vomiting, dehydration, or any significant reaction to SUTAB.

### Dosing

SUTAB is a split dose (2-day) preparation 24 tablets is the complete dose. SUTAB should be taken in **two doses** of 12 tablets each. The first dose should be the evening before the procedure and the second dose the morning of the procedure. The second dose must be completed **4 hours before the procedure.**

### Dose 1 (Evening before your Procedure Between 5pm-7pm)

1. Swallow all **12 tablets** in the first bottle one at a time with sips of water in between each. Make sure to drink the entire 16-ounce cup of water with the SUTAB in 15-20 minutes. You may slow the rate of drinking if you get bloating or cramps.
2. Over the next **two hours or less** you must drink **two (2)** 16-ounce glasses of water.

**Dose 2** (Morning of your colonoscopy)

\*Begin this process 5-6 hours prior to your colonoscopy start time and complete it 4 hours before the procedure\*

1. Open the second bottle of 12 tablets and repeat instructions from dose 1.
2. Swallow all **12 tablets** one at a time with sips of water in between each. Make sure to drink the entire 16-ounce cup of water with the SUTAB in 15-20 minutes. You may slow the rate of drinking if you get bloating or cramps.
3. Over the next **two hours or less** you must drink **two (2)** 16-ounce glasses of water.

\*Complete all SUTAB and additional water **4 hours before the colonoscopy**

\*Please **DO NOT** take **ANYTHING** by mouth after the SUTABs are finished or your procedure may be **delayed or cancelled**.